

TWENTY
(RECOVERY)
QUESTIONS

NOT GA APPROVED LITERATURE - DO NOT DISTRIBUTE

- 1. Has recovery enabled you to maintain regular attendance at work or school?**
- 2. Has recovery made your home life happier?**
- 3. Has recovery improved your reputation?**
- 4. Has recovery filled you with a feeling of gratitude that you do not gamble?**
- 5. Has recovery let you pay debts or otherwise solve financial difficulties without gambling?**
- 6. Has recovery increased your ambition or efficiency?**
- 7. Has recovery taken away the desire to return to gambling and lose back your winnings?**
- 8. Has recovery permitted you to feel that what you have is sufficient for you?**
- 9. Has recovery removed the compulsion to gamble until your last dollar is gone?**
- 10. Has recovery alleviated the need to borrow to finance gambling?**

- 11. Has recovery eliminated the need to sell things to finance gambling?**
- 12. Has recovery allowed you to use your money for normal expenditures?**
- 13. Has recovery made you mindful of the welfare of yourself and your family?**
- 14. Has recovery continued longer than you thought possible?**
- 15. Has recovery allowed you to cope with worry, trouble, boredom, or loneliness without gambling?**
- 16. Has recovery made you law-abiding?**
- 17. Has recovery made it possible for you to sleep soundly?**
- 18. Has recovery given you the ability to endure arguments, disappointments, or frustrations without gambling?**
- 19. Has recovery meant that you can celebrate good fortune without gambling?**
- 20. Has recovery given you an appreciation for life and the fullness of life?**